

Privacy Policy for Inner Vibe Coaching

Effective Date: 1.09.2025

Business Name: Inner Vibe Coaching

Contact Email: innervibecoaching@gmail.com

Business Location: Luxembourg

1. Introduction

Inner Vibe Coaching (“we,” “us,” or “our”) is committed to protecting your privacy and handling your personal data transparently and securely in accordance with the EU General Data Protection Regulation (GDPR) and applicable Luxembourg data protection laws.

This Privacy Policy explains how we collect, use, store, and protect your personal information when you use our services, including:

- Health and wellness coaching
- Holistic coaching
- Doula and birth support services
- Prenatal and postnatal support
- Workshops, consultations, and educational services
- Website, email, and online communications

By using our services, you agree to the practices described in this Privacy Policy.

2. Data Controller

The data controller responsible for your personal data is:

Inner Vibe Coaching

448 rue de Neudorf

Luxembourg

Email: innervibecoaching@gmail.com

3. Personal Data We Collect

We may collect and process the following categories of personal data:

A. Identity and Contact Information

- Full name
- Email address
- Phone number
- Postal address
- Emergency contact details

B. Health and Wellness Information

Because we provide health coaching and doula services, we may process sensitive personal data relating to:

- Pregnancy and birth information
- Medical history relevant to support services
- Wellness goals
- Nutrition and lifestyle information
- Emotional wellbeing information
- Birth preferences and postpartum recovery information
- Coaching Reports

We only collect health-related information that is necessary for providing our services and only with your explicit consent.

C. Technical Data

When you visit our website, we may automatically collect:

- IP address
- Browser type
- Device information
- Cookies and analytics data

D. Payment Information

If payments are processed electronically, billing information may be collected through secure third-party payment processors. We do not store full payment card details.

4. Legal Basis for Processing

Under GDPR, we process your personal data based on one or more of the following legal grounds:

- Your consent
- Performance of a contract
- Compliance with legal obligations
- Legitimate business interests
- Protection of vital interests

For health-related data, we rely primarily on your explicit consent under Article 9 GDPR.

You may withdraw consent at any time by contacting us.

5. How We Use Your Data

We use your information to:

- Provide coaching and doula services
 - Schedule appointments
 - Communicate with you
 - Maintain client records
 - Provide personalized support
 - Send invoices and process payments
 - Improve our services
 - Comply with legal and professional obligations
 - Send newsletters or marketing communications (only with consent)
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6. Confidentiality and Health Information

We understand that health and pregnancy-related information is highly sensitive.

All personal and health-related information shared during coaching or doula support is treated confidentially and accessed only where necessary to provide services.

We implement appropriate technical and organizational safeguards to protect sensitive data from unauthorized access, disclosure, or misuse.

7. Data Sharing

We do not sell your personal data.

We may share your information only with:

- Trusted service providers (e.g., payment processors, scheduling software)
- Healthcare professionals, where requested by you
- Legal or regulatory authorities where required by law

All third-party providers are required to comply with GDPR and maintain appropriate security measures.

8. International Transfers

If any service providers process data outside the European Economic Area (EEA), we ensure appropriate safeguards are in place, such as:

- European Commission adequacy decisions
 - Standard Contractual Clauses (SCCs)
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9. Data Retention

We retain personal data only as long as necessary to:

- Provide services
- Meet legal, accounting, or insurance requirements
- Resolve disputes

Health-related records are retained securely for the period required by applicable law or professional standards.

10. Your GDPR Rights

Under GDPR, you have the right to:

- Access your personal data
- Correct inaccurate data
- Request deletion (“right to be forgotten”)
- Restrict processing
- Object to processing
- Withdraw consent
- Request data portability
- Lodge a complaint with a supervisory authority

In Luxembourg, the supervisory authority is:

National Commission for Data Protection (CNPD)

You can learn more at

[CNPD Luxembourg](#)

11. Cookies and Website Analytics

Our website may use cookies and analytics tools to improve user experience and monitor website performance.

You may disable cookies through your browser settings.

If legally required, we will request your consent before placing non-essential cookies.

12. Marketing Communications

We will only send newsletters, promotions, or wellness updates if you opt in.

You may unsubscribe at any time using the unsubscribe link in emails or by contacting us directly.

13. Security Measures

We take appropriate security measures to protect personal data, including:

- Secure password protection
- Encrypted communications where possible
- Restricted access to client information
- Secure storage systems

However, no internet-based transmission is completely secure.

14. Children's Data

Our services are intended for adults. We do not knowingly collect personal data from children without parental consent where required.

15. Changes to This Privacy Policy

We may update this Privacy Policy periodically to reflect legal, operational, or regulatory changes.

The latest version will always be available on our website.

16. Contact

If you have any questions about this Privacy Policy or your personal data, please contact:

Inner Vibe Coaching

Email: innervibecoaching@gmail.com

Disclaimer

Health coaching and doula services provided by Inner Vibe Coaching are not a substitute for medical diagnosis, treatment, or emergency healthcare services. Clients should always consult qualified medical professionals regarding medical concerns.